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Selection of Healing vegetables for Mini Kit, Doomar and associated herbs in Indian Traditional Healing

- Posted by [Pankaj Oudhia](#) on July 6, 2012 at 19:33
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Excerpts from my Jungle Diaries (April 2012 onwards) Part-6

(In continuation of Part-5)

“We are planning to give mini kit to each family. Every kit contains 5 types of vegetables. The plan is to plant it in their homegarden so that they can get fresh pesticide free vegetables. The selected vegetables are of great medicinal value. We have published booklet on home remedies. This booklet

describes easy use of these vegetables as medicine in common health troubles. At first stage our target is 100 families.” The representative of regional Non-governmental organization was interacting with me. In the list of vegetables I found the name of Kochai (Colocasia). When I read the booklet I found many medicinal uses of Kochai.

“Your project is for rural areas or for urban areas?” I asked.

“Semi-urban area at first stage.” He replied.

“Whether you have conducted any bench mark survey for health status of natives living in selected area?” I asked.

“Yes, we have observed that most of the natives are with Diabetes and common skin diseases.” He informed.

“If you believe in Traditional Healing and Traditional Healers, please delete the name of Kochai from your list because as vegetable it is strictly restricted for the Diabetics at any stage. If anyone is fond of this vegetable then the Healers suggest some Herbal Formulations with it.” I said the truth.

“It is really shocking. Thanks for pointing it out. Please suggest any promising alternative to this vegetable.” He thanked me and asked for substitute.

“Instead of giving same mini kit to every family you can distribute it based on the common diseases of specific family. For example, if any family is suffering from Allergy problem and Urticaria is common then you can add Poi Shak (Basella) in the kit and suggest them to use it in order to keep this health trouble at bay. Is it feasible?” I replied.

“Yes, why not? I will write to our World centre at Netherlands so that they can keep this important fact in mind while formulating such plans in future.” He said.

Such mini kits for vegetables, pulses and medicinal plants are popularly distributed in different parts of the world and in many cases it goes waste. No doubt, the concept is very good.

Later the NGO representative informed that they have included senior Traditional Healers in their project. The Healers will help in selection of plants and also visit to the family for demonstration of methods for preparation of medicines.

“I have read your online articles on Indian medicinal plants and in order to make our Traditional Knowledge useful for common people we have constructed a Health resort.” It was call from one of my readers from Kolkata. On his invitation I visited to Kolkata to see the resort. It was far from metro city. The resort was divided in two parts. One part was for Medicinal Tree plantations and other part was residential area. In residential area I found many exotic species. On my suggestion he got ready to replace it by native species.

There was small clinic in front of the resort. I found two Ayurveda scholars giving their services. The patients were from the resorts and also common people living in the area. For resort people and guests it was paid service whereas for common people it was free. In reception there were so many books on herbs and Traditional Healing. My online articles were there in form of books

“We are planning for large scale plantation of Doomar as all parts of Doomar are used as medicine both internally as well as externally. Doomar purifies water and also fruits are much liked by children.” The Managing Director informed.

“In Indian Traditional Healing old and new all types of Doomar trees are treated with specific herbal solutions specially before collection of plant parts for use as medicine. If interested, I can furnish the details.” I proposed.

“Yes sir. Thanks. Now please take rest. We are eagerly waiting for your lecture on Doomar at evening,” He said humbly.

Ficus racemosa is known as Doomar or Gular. It is well known plant in Asia specially in India. When I started Ethnobotanical surveys in Indian state of Chhattisgarh I found it as panacea for almost all troubles. The Traditional Healers consider it as poor man's fig. It is far better than Fig available in market. When I interacted with the Traditional Healers of West Bengal they confirmed it but said that it is not suitable for the patients with Rheumatism and associated troubles.



(Doomar Fruits. Picture by Pankaj Oudhia)

“They must avoid it. Atleast stop consuming in bulk as it aggravates the trouble.” They added.

I shared this valuable information with the Healers of other parts of India with mixed responses. The Healers of Orissa suggested that you can use Doomar fruits in any quantity with Harad. Take Harad before consuming Doomar then you will remain free from its harmful effects if any.

The Healers of Niyamgiri Hills preferred Bahera as compared to Harad. The Healers of Nuapada district of Orissa suggested the use of Triphala having Aonla, Harad and Bahera fruits in equal quantity. Aonla is *Emblica officinalis*, Harad is *Terminalia chebula* and Bahera is *Terminalia bellirica*.

Doomar is beneficial for treatment of Quadriplegic but in limited quantity. Ignoring this fact I suggested one of my quadriplegic friends to consume Doomar during fruiting season for early recovery. He followed my instruction sincerely and very soon he called and complained me about frequent motions. I consulted my database and found that Doomar fruits are boon for patients suffering from chronic constipation but in excess it results in loose motions. I realized my fault. Without any delay I instructed him to stop using fruits in excess. This experience generated new curiosity in my mind that if alone Doomar fruits are causing such problem then its use with Triphala may be the big problem as Triphala is well known combination that works as laxative.

I consulted with the Traditional Healers of Chhattisgarh Plains. They confirmed that Triphala with Doomar fruits can be a boon for patents having constipation but not less than a curse for other patients. They suggested the use of other herbs with Doomar fruits. The use of Haldi or Motha before or after consuming Doomar fruits in bulk can nullify the harmful effects-They suggested. I noted it without any delay.

In dense forests of Bastar I met some village children consuming matured Doomar fruits. They were from nearby forest village. I raised the same question about excess use of Doomar. “We consume it in any amount but never suffered from any problem. In forest from morning to evening we consume many types of food from wild fruits to wild herbs and many times small animals.” They informed. I decided to list down the food items they consume during their forest raid in every season. Surprisingly the list was very long.

During visit to Narsinghnath forest in rainy season I was following Hanuman Langur. They were in large numbers enjoying wild fruits. “They are here only to consume Doomar fruits, nothing else. After the lunch now they are consuming other fruits in order to nullify its harmful effects.” I was informed by natives.

Under Doomar Trees I observed large number of fallen fruits. It was difficult to walk there. I took some pictures and then started following the Langurs. I identified five wild fruits consumed by Hanuman Langurs after consumption of Doomar fruits. It was amazing experience.

Many years back I visited to Central India on invitation of farmers affected by monkeys. They were expecting some eco-friendly methods to keep monkeys out of village. After reaching to the village I started enlisting the plants visited specially preferred by monkeys. I found that very few plants were there in surroundings preferred by monkeys as food but monkeys were in large number. I was puzzled. The lunch was arranged at nearby farmhouse. The owner was living in Canada and caretakers were there. Neither farm nor the farm house was in good shape but lunch was very tasty. After lunch I decided to take a round of the farmhouse. The villagers were with me. We hardly moved to few feet strong smell stopped us. It was smell of monkeys decaying excreta. Horrible smell. The caretakers were called.

“Saheb, the farm is now permanent residence of monkeys. There are large numbers of Doomar trees here. We have not raised it. It is wild population spreading like wild fire by monkeys.” They disclosed.

I got the source of nuisance. The monkeys stay in farm when villagers make noises and then return to the village after sometime. After knowing the root cause the villagers decided to uproot wild population of Doomar.

Jwasa is a reputed medicinal plant in India. Once when I was interacting with the Traditional Healers of Rajasthan they informed about tens of Formulations in which Doomar and Jwasa play vital role. They claimed that Jwasa nullifies the harmful effects of Doomar and vice-versa when both are used as main ingredients in any Herbal Formulation. Jwasa is used with Doomar in other parts of India also but the Healers of Rajasthan use it frequently.

In case of old fever the Traditional Healers of Gujarat use Bach (*Acorus calamus*) and Cheeta (*Plumbago*) based Formulations with tens of other herbal ingredients. They manage old fever with it successfully. I interacted with hundreds of Healers and found that this ancient formulation is still popular among the Young Healers. The Healers of Chhattisgarh add more herbs in it in order to make it more useful.

“Most of the patients with old fever approach to us after taking modern medications. They consume modern antibiotics in large amount and up to many months. After this long term trial by modern medical practitioner the vital force of patients reduces. We add Dry Doomar fruits as well as bark in the Formulation in order to give new vitality to the weak bodies.” They disclosed.

I have written a lot on different aspects of Doomar in my previous articles but it seems that there is endless knowledge about this important species. Few years back a team of Traditional Healers from Nepal interacted with me. They were engaged in different types of Yagyas including Soma Yagyas. Doomar wood is one of the sacred wood used in ancient Yagyas. It is used when Yagyas are performed for patients with specific diseases. Doomar is present every where but unfortunately not much has been written about it by modern as well as ancient writers and experts.

In Chhattisgarh this tree is associated with Witchcraft and Black magic. This is one of the reasons that common people keep distance with it and visit to it only during fruiting. Few years back I suggested the city planners of Central India to plant this important tree near water sources as it purifies water. At first they welcomed this idea but very soon based on local perception and belief about Doomar they rejected it. They preferred other *Ficus* species viz. *Ficus religiosa* and *Ficus benghalensis*.



(Doomar fruits-Picture by Pankaj Oudhia)

In my Medicinal Plant Database recently I have added information related to Doomar and compatible herbs useful with it in possible Herbal Formulations. Here is the list of some compatible herbs.

Banksia marginata Cav.

Grevillea banksii R. Br.

Grevillea bipinnatifida R. Br.

Grevillea hilliana F.v. Muell.

Grevillea punicia R. Br.

Grevillea robusta A. Cunn. ex R. Br.

Hakea laurina R. Br.

Hakea salicifolia (Vent.) Burt

Hakea sericea Schrader

Helicia nilagirica Bedd.

Helicia robusta (Roxb.) R. Br.

Leucadendron argenteum (L.) R. Br.

Macadamia ternifolia F.v. Muell.

Petrophile pulchella R. Br.

Stenocarpus salignus R. Br.

Gnidia glauca (Fresen.) Gilg var. *glauca*

Gnidia glauca (Fresen.) Gilg var. *sisparensis* (Gard.) Kumari

Gyrinops walla Gaertn.

Ovidia humboldtia Meisner

Wikstroemia indica (L.) C. Meyer

Elaeagnus conferta Roxb.

Elaeagnus indica Servettaz

Elaeagnus kologa Schlecht.

Dendrophthoe falcata (L.f.) Etting. var. *falcata*

Dendrophthoe falcata (L.f.) Etting. var. *pubescens* (Hook.f.) Chandrasekaran

Dendrophthoe memecylifolia (Wight & Arn.) Danser

Dendrophthoe neelgherrensis (Wight & Arn.) Tieghem

Dendrophthoe sarcophylla (Wight & Arn.) Danser

Dendrophthoe trigona (Wight & Arn.) Danser ex Sant.

Helicanthus elastica (Desr.) Danser

Helixanthera hookeriana (Wight & Arn.) Danser

Helixanthera intermedia (Wight) Danser

Helixanthera lepidophylla (Walp.) Danser

Helixanthera obtusata (Schultes) Danser

Helixanthera wallichiana (Schultes) Danser

Macrosolen capitellatus (Wight & Arn.) Danser

Macrosolen parasiticus (L.) Danser

Scurrula cordifolia (Wall.) G. Don

Scurrula parasitica L.

Taxillus courtallensis (Gamble) Danser

Taxillus cuneatus (Heyne ex Roth) Danser

Taxillus heyneanus (Schultes) Danser

Taxillus recurvus (Wall. ex DC.) Tieghem

Taxillus sclerophyllus (Thw.) Danser

Taxillus tomentosus (Heyne ex Roth) Tieghem

Korthalsella japonica (Thunb.) Engler

Viscum angulatum Heyne ex DC.

Viscum articulatum Burm.f. var. *articulatum*

Viscum articulatum Burm.f. var. *dichotomum* Kurz.

Viscum articulatum Burm.f. var. *thelocarpum* (Danser) R. Rao

Viscum capitellatum J.E. Smith

Viscum heyneanum DC.

Viscum monoicum Roxb.ex DC.

Viscum orientale Willd.

Viscum ramosissimum Wight & Arn.

Viscum trilobatum Talbot

Osyris quadripartita Salzm. ex Decne. var. *quadripartita*

Osyris quadripartita Salzm. ex Decne. var. *puberula* (Hook.f.) Kumari

Santalum album L.

Scleropyrum pentandrum (Dennst.) Mabberley

Thesium wightianum Wall. ex Wight

Balanophora fungosa J.R. & G. Forst. subsp. *indica* (Arn.) Hansen var. *indica*

Balanophora fungosa J.R. & G. Forst. subsp. *indica* (Arn.) Hansen var. *minor* (Eichl.) Hansen

Balanophora fungosa J.R. & G. Forst. subsp. *indica* (Arn.) Hansen var. *agastyamalayana* Viswanathan, Prem Kumar & Ramesh

Balanophora fungosa J.R. & G. Forst. subsp. *indica* (Arn.) Hansen var. *tirunelveliensis* Viswanathan, Prem Kumar & Ramesh

Acalypha alnifolia Klein ex Willd.

Acalypha brachystachya Hornem.

Acalypha ciliata Forssk.

Acalypha fruticosa Forssk.

Acalypha hispida Burm.f.

Acalypha indica L.

Acalypha lanceolata Willd.

Acalypha malabarica Muell.-Arg.

Acalypha racemosa Heyne ex Baill.

Acalypha amentacea Roxb. subsp. *wilkesiana* (Muell.Arg.) Fosberg

Actephila excelsa (Dalz.) Muell.-Arg.

Agrostistachys borneensis Becc.

Agrostistachys indica Dalz.

Aleurites moluccana (L.) Willd.

Antidesma acidum Retz.

Antidesma alexiteria L.

Antidesma buniis (L.) Spreng.

Antidesma ghaesembilla Gaertn.

Antidesma menasu (Tul.) Miq. ex Muell.-Arg.

Antidesma walkeri (Tul.) Pax & Hoffm.

Aporosa acuminata Thw.

Aporosa fusiformis Thw.

Aporosa lindleyana (Wight) Baill.

Baccaurea courtallensis (Wight) Muell.-Arg.

Baliospermum montanum (Willd.) Muell.-Arg.

Bischofia javanica Blume

Blachia calycina Benth.

Blachia reflexa Benth.

Blachia umbellata (Willd.) Baill.

Breynia retusa (Dennst.) Alston

Breynia vitis-idaea (Burm.f.) Fischer

Bridelia cinerascens Gehrm.

Bridelia crenulata Roxb.

Bridelia retusa (L.) Spreng.

Bridelia scandens (Roxb.) Willd.

Chrozophora prostrata Dalz.

Chrozophora rottleri (Geiseler) Juss.

Claoxylon anomalum Hook.f.

Claoxylon wightii Hook.f. var. *angustatum* Susila et Balakr.

Claoxylon wightii Hook.f. var. *hirsutum* (Hook.f.) Sushila et Balakr.

Cleidion spiciflorum (Burm.f.) Merr.

Cleistanthus collinus (Roxb.) Benth. ex Hook.f.

Cleistanthus patulus (Roxb.) Muell.-Arg.

Cleistanthus travancorensis Jablonszky

Codiaeum variegatum (L.) Juss.

Coelodepas calycinum Bedd.

Croton bonplandianum Baill.

Croton caudatus Geiseler var. *caudatus*

Croton caudatus Geiseler var. *obovoideus* Balakr. & Chakrab.

Croton hirtus L'Herit

Croton klotzchianus (Wight) Thw.

Croton laccifer L.

Croton malabaricus Bedd.

Croton oblongifolius Roxb.

Croton tiglium L.

Croton zeylanicus Muell.-Arg.

Dalechampia indica Wight

Dalechampia scandens L. var. *velutina* (Wight) Mull. Arg.

Dimorphocalyx beddomei (Benth.) Airy Shaw

Dimorphocalyx glabellus Thw.

Dimorphocalyx lawianus (Muell.-Arg.) Hook.f.

Drypetes elata (Bedd.) Pax & Hoffm.

Drypetes longifolia (Blume) Pax & Hoffm.

Drypetes malabarica (Bedd.) Airy Shaw

Drypetes porteri (Gamble) Pax & Hoffm.

Drypetes roxburghii (Wall.) Hurusawa

Drypetes sepiaria (Wight & Arn.) Pax & Hoffm.

Drypetes venusta (Wight) Pax & Hoffm.

Drypetes wightii (Hook.f.) Pax & Hoffm.

Epiprinus mallotiformis (Muell.-Arg.) Croizat

Euphorbia agowensis Hochst. ex Boiss.

Euphorbia antiquorum L.

Euphorbia balakrishnanii Binojk. & Gopalan

Euphorbia barnhartii Croizat

Euphorbia chamaesyce L.

Euphorbia corrigioloides Boiss.

Euphorbia cotinifolia L. subsp. *cotinoides* (Miq.) Christenh.

Euphorbia cristata Heyne ex Roth

Euphorbia cyathophora Murr.

Euphorbia dracunculoides Lam.

Euphorbia heterophylla L.

Euphorbia helioscopia L.

Euphorbia heyneana Spreng. subsp. *heyneana*

Euphorbia heyneana Spreng. subsp. *nilagirica* (Miq.) Panigrahi

Euphorbia hirta L.

Euphorbia indica Lam.

Euphorbia laciniata Panigrahi

Euphorbia longistyla Boiss.

Euphorbia neriifolia L.

Euphorbia milii Des

Euphorbia nivulia Buch.-Ham.

Euphorbia pulcherrima Willd.ex Klotzsch

Euphorbia pycnostegia Boiss. var. *zornioides* (Boiss.) Sant.

Euphorbia rosea Retz.

Euphorbia rothiana Spreng.

Euphorbia santapau Henry

Euphorbia serpens H.B.K.

Euphorbia thymifolia L.

Euphorbia tirucalli L.

Euphorbia trigona Mill.

Euphorbia tortilis Rottl.

Euphorbia vajravelui Binojk. & Balakr.

Excoecaria agallocha L.

Excoecaria cochinchinensis Lour.

Excoecaria crenulata Wight

Excoecaria robusta Hook.f.

Fahrenheitia zeylanica (Thw.) Airy Shaw

Flueggea leucopyrus Willd.

Flueggea virosa (Willd) Baill.

Givotia rottleriformis Griff.

Glochidion arboreum Wight

Glochidion balakrishnanii G.J. Jothi, V.S. Manickam, V. Sundaresan & M. Josphine Mary

Glochidion bourdillonii Gamble

Glochidion candolleanum (Wight & Arn.) Chakrab. & Gangop

Glochidion ellipticum Wight

Glochidion fagifolium Bedd.

Glochidion malabaricum Bedd.

Glochidion neilgherrense Wight

Glochidion pauciflorum Gamble

Glochidion tomentosum Dalz.

Glochidion velutinum Wight

Glochidion zeylanicum (Gaertn.) Juss.

Hevea brasiliensis (Willd. ex Juss.) Muell.-Arg.

Homonoia retusa (Graham ex Wight) Muell.-Arg.

Homonoia riparia Lour.

Hura crepitans L.

Jatropha curcas L.

Jatropha glandulifera Roxb.

Jatropha gossypifolia L.

Jatropha heynei Balakr.

Jatropha integerrima Jacq.

Jatropha maheshwarii Subram. & Nayar

Jatropha multifida L.

Jatropha tanjorensis Ellis & Saroja

Jatropha villosa Wight var. *villosa*

Jatropha villosa Wight var. *ramnadensis* Ramam.

Macaranga flexuosa Wight

Macaranga indica Wight

Macaranga peltata (Roxb.) Muell.-Arg.

Mallotus atrovirens Muell.-Arg.

Mallotus aureo-punctatus (Dalz.) Muell.-Arg.

Mallotus beddomei Hook.f.

Mallotus distans Muell.-Arg.

Mallotus philippensis (Lam.) Muell.-Arg. var. *philippensis*

Mallotus philippensis (Lam.) Muell.-Arg. var. *tomentosus* Gamble

Mallotus repandus (Willd.) Muell.-Arg.

Mallotus resinousus (Blanco) Merr.

Mallotus rhamnifolius Muell.-Arg.

Mallotus stenanthus Muell.-Arg.

Mallotus subramanyamii Ellis

Mallotus tetracoccus (Roxb.) Kurz

Manihot esculenta Crantz

Manihot glaziovii Muell.-Arg.

Margaritaria indica (Dalz.) Airy Shaw

Meineckia longipes (Wight) Webster

Meineckia parvifolia (Wight) Webster

Micrococca beddomei (Hook.f.) Prain

Micrococca mercurialis (L.) Benth.

Micrococca wightii (Hook.f.) prain var. *wightii*

Micrococca wightii (Hook.f.) prain var. *hirsutum* (Hook.f.) Prain

Mischodon zeylanicus Thw.

Paracroton integrifolius (Airy Shaw) Balakr. & Chakrab

Pedilanthus tithymaloides (L.) Poir.

Phyllanthus acidus (L.) Skeels

Phyllanthus amarus Schum. & Thonn.

Phyllanthus baillonianus Muell.-Arg.

Phyllanthus beddomei (Gamble) Mohanan

Phyllanthus chandrasei Govaerts & Radcl. - Sm.

Phyllanthus debilis Klein ex Willd.

Phyllanthus emblica L.

Phyllanthus fimbriatus (Wight) Muell.-Arg.

Phyllanthus gageana (Gamble) Mohanan

Phyllanthus gardnerianus (Wight) Baill.

Phyllanthus indofischeri Bennet

Phyllanthus kozhikodanus Sivar. & Manilal

Phyllanthus lawii Graham ex Muell.-Arg.

Phyllanthus leschenaultii Muell. Arg..

Phyllanthus longiflorus Heyne ex Hook.f.

Phyllanthus macraei Muell.-Arg. var. *macraei*

Phyllanthus macraei Muell.-Arg. var. *hispidus* Gamble

Phyllanthus macrocalyx Muell.-Arg.

Phyllanthus maderaspatensis L.

Phyllanthus megacarpa (Gamble) Kumari & Chandrabose

Phyllanthus myrtifolius Moon

Phyllanthus pinnatus (Wight) Webster

Phyllanthus polyphyllus Willd.

Phyllanthus reticulatus Poir.

Phyllanthus rheedii Wight

Phyllanthus rotundifolius Klein ex Willd.

Phyllanthus singampattiana (Sebastine & Henry) Kumari & Chandrabose

Phyllanthus speciosus Jacq.

Phyllanthus urinaria L.

Phyllanthus virgatus Forst.

Pseudoglochidion anamalayanum Gamble

Ricinus communis L.

Sapium insigne (Royle) Benth.

Sapium sebiferum (Michaux) Roxb.

Sauropus androgynus (L.) Merr.

Sauropus bacciformis (L.) Airy Shaw

Sauropus quadrangularis (Willd.) Muell.-Arg.

Sebastiania chamaelea (L.) Muell.-Arg.

Suregada lanceolata (Willd.) Kuntze

Synadenium grantii Hook.f.

Tragia bicolor Miq.

Tragia involucrata L. var. *involucrata*

Tragia involucrata L. var. *angustifolia* Hook.f.

Tragia muelleriana Pax & Hoffm.

Tragia plukenetii R. Smith

Trewia nudiflora L.

Trewia polycarpa Benth.

Trigonostemon nemoralis Thw.

Vernicia montana Lour.

Daphniphyllum neilgherrense (Wight) K. Rosenth.

Buxus sempervirens L.

Sarcococca brevifolia (Muell.-Arg.) Stapf ex Gamble

Sarcococca saligna (D. Don.) Muell. Arg.

Boehmeria glomerulifera Miq.

Boehmeria macrophylla Hornem.

Boehmeria nivea (L.) Gaudich.

Chamabaina cuspidata Wight

Debregeasia ceylanica Hook.f.

Debregeasia longifolia (Burm.f.) Wedd.

Debregeasia wallichiana (Wedd.) Wedd.

Dendrocide sinuata (Blume) Chew

Droguetia iners (Forssk.) Schweinf. subsp. *urticoides* (Wight) friis & Wilmot- Dear

Elatostema acuminatum (Poir.) Brongn.

Elatostema cuneatum Wight

Elatostema lineolatum Wight var. *lineolatum*

Elatostema lineolatum Wight var. *falcigera* Thw.

Elatostema lineolatum Wight var. *linearis* Wedd.

Elatostema lineolatum Wight var. *setosum* Henry

Elatostema sessile Forst. var. *sessile*

Elatostema sessile Forst. var. *cuspidata* (Wight) Wedd.

Elatostema sessile Forst. var. *pubescens* Hook.f.

Elatostema surculosum Wight

Elatostema wightii Hook.f.

Girardinia diversifolia (Link) Friis

Laportea bulbifera (Sieb. & Zucc.) Wedd.

Laportea interrupta (L.) Chew

Lecanthus peduncularis (Wall. ex Royle) Wedd.

Oreocnide frutescens (Thunb.) Miq.

Oreocnide integrifolia (Gaudich.) Miq. var. *integrifolia*

Oreocnide integrifolia (Gaudich.) Miq. var. *sylvatica* (Hassk.) Chithra

Parietaria micrantha Ledeb.

Pellionia heyneana Wedd.

Pilea angulata (Blume) Blume

Pilea kingii Fischer

Pilea melastomoides (Poir.) Blume

Pilea microphylla (L.) Liebm.

Pilea wightii Wedd.

Pouzolzia auriculata Wight

Pouzolzia bennettiana Wight var. *bennettiana*

Pouzolzia bennettiana Wight var. *acuta* (Wight) Fischer

Pouzolzia bennettiana Wight var. *gardneri* (Wight) Hook.f.

Pouzolzia bennettiana Wight var. *macrophylla* Hook.f.

Pouzolzia bennettiana Wight var. *mysorensis* (Wight) Hook.f.

Pouzolzia bennettiana Wight var. *ovalifolia* (Wight) Hook.f.

Pouzolzia bennettiana Wight var. *quadrialata* (Wight) Hook.f.

Pouzolzia bennettiana Wight var. *tomentosa* (Wight) Hook.f.

Pouzolzia cymosa Wight

Pouzolzia hirta (Blume) Hassk.

Pouzolzia pentandra (Roxb.) Benn.

Pouzolzia wightii Benn. var. *wightii*

Pouzolzia wightii Benn. var. *caudata* (Benn.) Fischer

Pouzolzia wightii Benn. var. *lawsoniana* Fischer

Pouzolzia wightii Benn. var. *nilghirensis* (Wight) Hook.f.

Pouzolzia wightii Benn. var. *scabra* (Wight) Fischer

Pouzolzia wightii Benn. var. *wallichiana* Hook.f.

Pouzolzia zeylanica (L.) Benn.

Procris crenata Robinson

Urtica hyperborea Jacq.

Urtica parviflora Roxb.

Aphananthe cuspidata (Blume) Planch.

Celtis australis L.

Celtis philippensis Blanco var. *wightii* (Planch.) Soep.

Celtis tetrandra Roxb.

Celtis timorensis Spanoghe

Holoptelea integrifolia (Roxb.) Planch.

Trema orientalis (L.) Blume

Cannabis sativa L.

Antiaris toxicaria (Pers.) Lesch.

Artocarpus incisus L.f.

Artocarpus gomezianus Wall. ex Trec. subsp. *zeylanicus* Jarrett

Artocarpus heterophyllus Lam.

Artocarpus hirsutus Lam.

Broussonetia papyrifera Vent.

Cudrania cochinchinensis (Lour.) Kudo & Masamune

Dorstenia indica Wall. ex Wight

Ficus albipila (Miq.) King

Ficus amplissima J.E. Smith

Ficus amplocarpa Govindarajulu & Masilamoney

Ficus angladei Fischer

Ficus arnottiana (Miq.) Miq.

Ficus auriculata Lour.

Ficus beddomei King

Ficus benghalensis L. var. *benghalensis*

Ficus benghalensis L. var. *krishnae* C.DC.

Ficus benjamina L.

Ficus callosa Willd.

Ficus carica L.

Ficus dalhousiae Miq.

Ficus drupacea Thunb. var. *pubescens* (Roth) Corner

Ficus elastica Roxb. ex Hornem.

Ficus exasperata Vahl

Ficus glaberrima Blume var. *bracteata* Corner

Ficus guttata (Wight) Kurz ex King

Ficus heterophylla L.f.

Ficus hispida L.f.

Ficus hookeriana Corner

Ficus laevis Blume var. *macrocarpa* (Miq.) Corner

Ficus microcarpa L.f.

Ficus mollis Vahl

Ficus nervosa Heyne ex Roth var. *nervosa*

Ficus nervosa Roth var. *minor* King

Ficus palmata Forssk.

Ficus pumila L.

Ficus religiosa L.

Ficus talbotii King

Ficus tinctoria Forst.f.

Ficus tsjahela Burm.f.

Ficus virens Ait. var. *virens*

Ficus virens Ait. var. *lambertiana* (Miq.) Raizada

Ficus virens Ait. var. *wightiana* (Miq.) Chithra

Morus alba L.

Morus australis Poir.

Morus nigra L.

Plecosperrum spinosum Trec.

Streblus asper Lour.

Streblus taxoides (Heyne ex Roth) Kurz

Platanus orientalis L.

Juglans regia L.

Casuarina glauca Sieber. ex A.Dc.

Casuarina equisetifolia L.

Casuarina junghuhniana Miq.

Casuarina stricta Dryand.

Casuarina suberosa Otto & Dietr.

Casuarina torulosa Ait.

Alnus nepalensis D.Don

Betula alnoides Buch.-Ham. ex D.Don

Castanea crenata Sieb. & Zucc.

Castanea sativa Mill.

Castanopsis indica (Roxb.) DC.

Castanopsis roxburghiana S.N. Biswas

Fagus sylvatica L. var. *sylvatica*

Fagus sylvatica L. var. *cuprea* Loud.

Quercus baloot Griff.

Quercus coccifera L.

Quercus leucotrichophora A. Camus ex Bahadur

Quercus robur L.

Quercus serrata Thunb.

Salix babylonica L.

Salix tetrasperma Roxb.

Ceratophyllum demersum L.

Blyxa aubertii Rich. var. *echinosperma* (Clarke) Cook & Luond

Blyxa octandra (Roxb.) Planch ex Thw.

Enhalus acoroides (L. f.) Royle

Halophila beccarii Asch.

Halophila decipiens Ostenf.

Halophila ovalis (R. Br.) Hook.f. subsp. *ovalis*

Halophila ovalis (R. Br.) Hook.f. subsp. *ramamurthiana* Ravikumar & Ganesan

Halophila ovata Gaudich.

Halophila stipulacea (Forssk.) Asch.

Hydrilla verticillata (L. f.) Royle

Nechamandra alternifolia (Roxb.) Thw.

Ottelia alismoides (L.) Pers.

Thalassia hemprichii (Ehrenb.) Asch.

Vallisneria natans (Lour.) Hara

Burmannia candelabrum Gagnep.

Burmannia coelestis D. Don

Burmannia wallichii (Miers) Hook. f.

Acampe praemorsa (Roxb.) Blatter & McCann

Acanthephippium bicolor Lindl.

Aenhenrya rotundifolia (Blatter) Sathish & Rasmussen

Aerides crispa Lindl.

Aerides maculosum Lindl.

Aerides ringens (Lindl.) Fischer

Anoectochilus elatus Lindl.

Anoectochilus rotundifolius (Blatter) Balakr.

Aphyllorchis montana Reichb.

Arundina graminifolia (D. Don) Hochr.

Brachycorythis iantha (Wight) Summerh.

Brachycorythis splendida Summerh.

Bulbophyllum acutiflorum A. Rich.

Bulbophyllum albidum (Wight) Hook.

Bulbophyllum aureum (Hook. f.) J. J. Smith

Bulbophyllum elegantulum (Rolfe) J. J. Smith

Bulbophyllum fischeri Seidenfaden

Bulbophyllum fuscopurpureum Wight

Bulbophyllum kaitiense Reichb.

Bulbophyllum sterile (Lam) Suresh

Bulbophyllum tremulum Wight

Bulbophyllum xylophyllum Par. & Reichb. f.

Calanthe sylvatica (Thouars) Lindl.

Calanthe triplicata (Willem.) Ames

Calanthe vestita Lindl.

Cheirostylis flabellata Wight

Cheirostylis parvifolia Lindl.

Chiloschista fasciata (F. Muell.) Seidenf. & Ormerod

Chrysoglossum hallbergii Blatter

Chrysoglossum maculatum (Thw.) Hook.

Coelogyne breviscapa Lindl.

Coelogyne glandulosa Lindl. var. *glandulosa* Hook.

Coelogyne glandulosa Lindl. var. *bournei* Das & Jain

Coelogyne glandulosa Lindl. var. *sathyanarayanae* Das & Jain

Coelogyne mossiae Rolfe

Coelogyne nervosa A. Rich.

Coelogyne odoratissima Lindl.

Coelogyne ovalis Lindl.

Coelogyne prolifera Lindl.

Coelogyne uniflora Lindl.

Corymborkis veratrifolia (Reinw.) Blume

Cottonia peduncularis (Lindl.) Reichb.

Crepidium purpureum (Lindl.) Szlach

Cymbidium aloifolium (L.) Sw.

Cymbidium bicolor Lindl.

Cymbidium ensifolium (L.) Sw. var. *haematodes* (Lindley) D. Du Put & P. Cribb

Dendrobium anamalayanum Chandrabose, Chandrasekaran & N. C. Nair

Dendrobium aqueum Lindl.

Dendrocium barbatulum Lindl.

Dendrobium diodon Reichb.f. subsp. *kodayarensis* Gopalan & A.N. Henry

Dendrobium haemoglossum Thw.

Dendrobium herbaceum Lindl.

Dendrobium heterocarpum Wall. ex Lindl.

Dendrobium heyneanum Lindl.

Dendrobium macrostachyum Lindl.

Dendrobium microbulbon A. Rich.

Dendrobium nanum Hook. f.

Dendrobium nutantiflorum Hawkes & Heller

Dendrobium wightii A. Hawkers & A. H. Heller

Dendrobium panduratum Lindl. subsp. *villosum* Gopalan & Henry

Didymoplexis pallens Griff.

Diplocentrum congestum Wight

Diplocentrum recurvum Lindl.

Disperis neilgherrensis Wight

Epidendrum radicans Pav.

Epipactis veratrifolia Boiss.

Epipogium roseum (D. Don) Lindl.

Eria albiflora Rolfe

Eria dalzellii (Hook. ex Dalz) Lindl.

Eria microchilos (Dalz.) Lindl.

Eria mysorensis Lindl.

Eria nana A. Rich

Eria pauciflora Wight

Eria polystachya A. Rich

Eria pseudoclavicaulis Blatter

Eria reticosa Wight

Eulophia cullenii (Wight) Blume

Eulophia epidendraea (Koen.)

Eulophia graminea Lindl.

Eulophia pulchra (Thouars) Lindl.

Eulophia pratensis Lindl.

Eulophia spectabilis (Dennst.) Suresh

Flickingeria nodosa (Dalz.) Seidenfaden

Gastrochilus acaulis (Lindl.) Kuntze

Gastrochilus calceolaris (Buch.- Ham. ex J. E. Smith) D. Don

Geodorum densiflorum (Lam.) Schlte

Goodyera fumata Thwaites

Goodyera procera (Ker-Gawl) Hook.

Habenaria acuminata (Thw.) Thw.

Habenaria barnesii Summerh.

Habenaria cepholotes Lindl.

Habenaria crassifolia A. Rich

Habenaria crinifera Lindl.

Habenaria decipens Wight

Habenaria denticulata Reichb.

Habenaria digitata Lindl. var. *digitata*

Habenaria digitata Lindl. var. *foliosa* (A. Rich) Hook.

Habenaria digitata Lindl. var. *travancorica* (Hook. f.) Fischer

Habenaria elliptica Wight

Habenaria elwesii Hook.

Habenaria furcifera Lindl.

Habenaria grandifloriformis Blatter & McCann

Habenaria heyneana Lindl.

Habenaria hollandiana Sant.

Habenaria longicorniculata Granham

Habenaria longicornu Lindl.

Habenaria macrostachya Lindl.

Habenaria marginata Coleb.

Habenaria multicaudata Sedgw.

Habenaria ovalifolia Wight

Habenaria pallideviridis Seidenf.

Habenaria perrottetiana A. Rich

Habenaria plantaginea Lindl.

Habenaria polyodon Hook.

Habenaria rariflora A. Rich

Habenaria richardiana Wight

Habenaria roxburghii Nicolson

Habenaria virens (Lindl.) Abeyw.

Habenaria viridiflora (Rottl. Ex Sw.) R. Br.

Hetaeria ovalifolia Benth.

Kingidium deliciosum (Reichb.f.) Sweet

Liparis atropurpurea Lindl.

Liparis beddomei Ridley

Liparis biloba Wight

Liparis caespitosa (Thouars) Lindl.

Liparis duthiei Hook.

Liparis elliptica Wight

Liparis nervosa (Sw.) Lindl.

Liparis platyphylla Ridley

Liparis prazeri King & Pantl.

Liparis resupinata Ridley

Liparis viridiflora (Blume) Lindl.

Liparis walkeriae Graham

Liparis wightiana Thw.

Luisia birchea Blume

Luisia zeylanica Lindl.

Malleola gracilis (Lindl.) Schltr.

Nervilia aragoana Gaudich.

Nervilia carinata (Roxb.) Schltr.

Nervilia plicata (Andr.) Schltr.

Nervilia prainiana (Ling & Prantl) Seidenfaden

Oberonia anamalayana Joseph

Oberonia balakrishnanii R. Ansari

Oberonia brunoniana Wight

Oberonia ensiformis (J. E. Smith) Lindl.

Oberonia iridifolia Lindl.

Oberonia platycaulon Wight

Oberonia proudlockii King & Pantl.

Oberonia santapau Kapadia

Oberonia sebastiana Shetty & Vivek

Oberonia seidenfadeniana Joseph & Vajravelu

Oberonia tenuis Lindl.

Oberonia verticillata Wight

Oberonia wightiana Lindl. var. *wightiana*

Oberonia wightiana Lindl. var. *arnottiana* (Wight) R. Ansari, N. C. Nair & V. J. Nair

Oberonia wightiana Lindl. var. *nilgiriensis* R. Ansari

Oberonia zeylanica Hook

Pachystoma senile (Lindl.) Reichb.

Paphiopedilum druryi (Bedd.) Pfitz

Papilionanthe cylindrica (Lindl.) Seidenf.

Pecteilis gigantea (J. E. Smith) Rafin

Peristylus aristatus Lindl.

Peristylus brachyphyllus A. Rich

Peristylus densus (Lindl.) Sant. & Kapadia

Peristylus goodyeriodes (D. Don) Lindl.

Peristylus lawii Wight

Peristylus plantagineus Lindl.

Peristylus richardianus Wight

Peristylus secundus (Lindl.)

Peristylus spiralis A. Rich

Peristylus stocksii (Hook. f.) Kraenzl.

Pholidota pallida Lindl

Podochilus falcatus Lindl.

Polystachya concreta (Jacq.) Garay & Sweet

Porpax jerdoniana (Wight) Rolfe

Porpax reticulata Lindl

Proteroceras leopardianum (Par. Reichb.f.) Seidenf. & Smitin

Rhynchostylis retusa (L.) Blume

Rhytionanthos nodosus (Rolfe) Garay , Hamer & Siegerist

Robiquetia josephiana Manilal & Satish Kumar

Satyrium nepalense D. Don

Schoenorchis jerdoniana (Wight) Garay

Seidenfadeniella filiformis (Richb.f.) E.A.Christ & Ormerod

Seidenfia densiflora (A. Rich.) Szlach.

Seidenfia intermedia (A. Rich.) Szlach.

Seidenfia rheedii (Sw.) Szlach.

Seidenfia versicolor (Lindley) Marg. & Szlach.

Sirhookera lanceolata (Wight) Kuntze

(Contd.)

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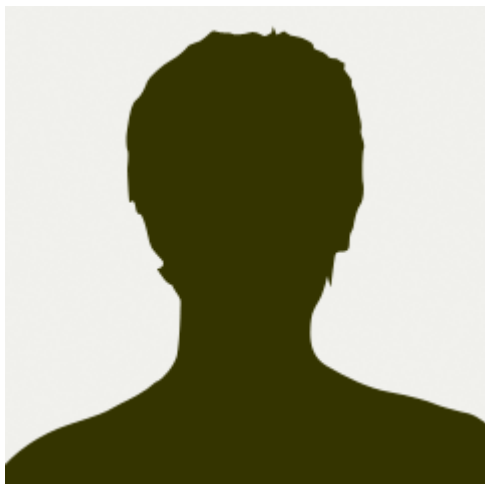
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